



October 2019



Please call **Brigid Rockwell**, Activities Director, at **(518) 250-4478** with any question you may have regarding signing up for programs or outings. Also, if you would like to **reserve** either the **Community Room** or the **Activities Room/Kitchen** for a private event, contact Activities or Reception.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9-11:00 Open Swim 10:00 Mall	2 10:30 am Current Events Discussion Community Room 2-4:00 Open Swim	3 10-12:00 & 3-5:00 Open Swim 10:30 am Grocery Shopping	4 10:30 am 1 st Friday Prayer & Communion Service -SP, MPR 1-3:00 Open Swim	5 12:30-3:00 Open Swim
6	7 9-11:00 & 1-3:00 Open Swim 2:00 Meet & Greet w/ Brigid Rockwell, Activities Director @ SP -Community Room	8 9-11:00 Open Swim 10:00 Mall	9 2-4:00 Open Swim	10 10-12:00 & 3-5:00 Open Swim 10:30 am Grocery Shopping	11 10:00 depart for Mass MoCa 1-3:00 Open Swim	12 12:30-3:00 Open Swim
13	14 9-11:00 & 1-3:00 Open Swim 2:00 Fall Prevention Education -SP, MPR	15 9-11:00 Open Swim 0:00 Mall	16 12:00 depart Colonie Regal: Met Opera 2-4:00 Open Swim	17 10-12:00 & 3-5:00 Open Swim 10:30 am Grocery Shopping	18 12:30 depart for tour of the Arkel Museum 1-3:00 Open Swim	19 12:30-3:00 Open Swim
20	21 9-11:00 & 1-3:00 Open Swim	22 9-11:00 Open Swim 10:00 Mall 4:00 pm Wine & Cheese -PL, Community Room	23 10:30 day trip to Olana & Lunch in Hudson 2-4:00 Open Swim	24 10-12:00 & 3-5:00 Open Swim 10:30 am Grocery Shopping	25 12 (Noonish!)- Spectrum 8 Theater Matinees 1:30 pm 1-3:00 Open Swim	26 12:30-3:00 Open Swim
27	28 9-11:00 & 1-3:00 Open Swim	29 9-11:00 Open Swim 10:00 Mall 2:00 Wii Bowl Community Room	30 10:30 magical mystery tour!!!! 2-4:00 Open Swim	31 10-12:00 & 3-5:00 Open Swim 10:30 am Grocery Shopping	